

*OUR PHYSICIANS:*



**Steven A. Barrington, M.D.**  
General Orthopaedics  
Total Joint Surgery  
Board Certified  
Fellowship Trained



**Michael E. Davis, M.D.**  
General Orthopaedics  
Spine Surgery  
Board Certified  
Fellowship Trained



**Charles Hartzog, Jr., M.D.**  
General Orthopaedics  
Sports Medicine  
Board Certified  
Fellowship Trained



**Michael Manning, D.O.**  
General Orthopaedics  
Total Joint Surgery  
Board Eligible  
Fellowship Trained



**D.D. Thornbury, M.D.**  
General Orthopaedics  
Foot and Ankle Surgery  
Board Certified  
Fellowship Trained



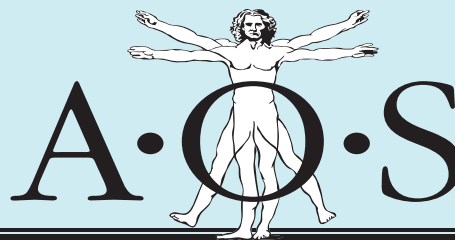
**G. Dexter Walcott, Jr., M.D.**  
General Orthopaedics  
Sports Medicine  
Board Certified  
Fellowship Trained



**Thomas G. Wells, M.D.**  
Total Joint Surgery  
General Orthopaedics  
Board Certified

*Joining our practice August 2011  
Hussein Turki, M.D.  
Hand/Upper Extremity Specialist*

**For an appointment, call:  
(334) 274-9000**



**ALABAMA ORTHOPAEDIC  
SPECIALISTS, P.A.**

VOLUME 2, ISSUE 1

MARCH 2011

*Announcing total hip and total knee  
Revision Surgery specialist ... Dr. Michael Manning*

Dr. Michael Manning joined AOS in August 2010. He comes to us after completing a fellowship in Adult Reconstruction at Scripps Green Hospital in San Diego, California. During his fellowship he received specialty training in advanced primary hip and knee replacement techniques. In addition to general orthopaedics, and primary total joint replacements, Dr. Manning makes total hip and total knee revision surgery an integral part of his practice.

While in his fellowship, Dr. Manning trained with Dr. William Bugbee. Dr. Bugbee is a pioneer in osteochondral allograft application techniques. This is a biologic solution to focal cartilage defects in the hip, knee and ankle. Osteochondral allograft transplantation is a joint sparing technique for active patients.

Osteochondral allografting is a cartilage transplantation procedure used to reconstruct damaged regions of a joint. This is a technique that is considered for younger, more active patients with symptomatic, disabling cartilage injuries. Patients are typically less than 50 years of age and have failed conservative therapy. Candidates are screened according to cartilage lesion size and location. Donor osteochondral tissue is then obtained from an accredited tissue bank. Osteochondral allograft is transplanted fresh; no tissue type matching is performed, because the allograft is only felt to be modestly immunogenic. The patient's ultimate goal is to return to sport or strenuous activity at 6 months.<sup>1</sup>

Dr. Manning welcomes new patients by appointment request to be seen at our main campus located at 4294 Lomac Street in Montgomery. To make an appointment please call 274-9000.

<sup>1</sup> Gorks, Bugbee, W.D. "Allografts in articular cartilage repair". *JBJS* (2006): 88 (6) 1374-84.





## Alabama Orthopaedic Specialists Satellite Clinics

Alabama Orthopaedic Specialists has satellite offices in Prattville, Greenville, Wetumpka, Troy and Clanton. Our satellite clinics, in addition to our main campus in Montgomery, provide our Central Alabama patients the opportunity to visit their orthopaedic surgeon where it is convenient for them.

Dr. Michael Davis visits our Greenville clinic every other Monday. Dr. Thomas Wells sees patients every other Friday in Troy and every other Thursday in Wetumpka. Dr. D.D. Thornbury and Dr. Steven Barrington are in our Prattville clinic every other Monday and Wednesday respectively. Dr. Manning will see patients in Clanton on Fridays.

All patients are seen by appointment only. When making an appointment for your patient, please do not forget about our convenient satellite locations.

### **Main Campus:**

**4294 Lomac Street  
Montgomery, AL**

### **Satellites:**

**100 Adams Ave  
Greenville, AL**

*every other Monday afternoon*

**461 East Main St  
Prattville, AL**

*every other week on  
Monday and Wednesday*

**1350 Hwy 231 S  
Troy, AL**

*every other Friday morning*

**74238 Tallassee Hwy  
Wetumpka, AL**

*every other Thursday*

**1008 Lay Dam Road  
Clanton, AL**

*every other Friday*

To schedule an  
appointment:

**(334) 274-9000**

## AOS Physical Therapy Center

From the initial evaluation through recovery, each patient has a licensed physical therapist and a highly skilled rehabilitation team who share a common desire: to restore daily comfort and function. The therapist will review the patient's past history and the physician's referral, perform a comprehensive evaluation and develop an individualized treatment program.



### **PROGRAM GOALS:**

- Return the patient to their previous level of function
- Develop the patient's understanding of his/her condition through aggressive education and prevention programs
- Facilitate return-to-function through stretching, therapeutic exercise, strengthening, thermal and electromodalities
- Relieve pain and discomfort through hands-on manual treatment
- Encourage recovery and independence through patient responsibility in a home exercise program